

Harmony Drops

WITH FULL-SPECTRUM HEMP EXTRACT
STORE IN A COOL, DRY PLACE.

TAKE IT

Place one full dropper (1ml) under tongue for 60 seconds. Swallow.

DOSE

One time daily or as directed by your healthcare professional.

TIPS: Shake well before use.



About Harmony Drops

Harmony Drops provides an easy way to consume cannabidiol* (CBD oil) derived from full-spectrum hemp extract grown in Colorado. Enjoy 150mg of full-spectrum hemp-derived CBD oil per serving plus the added benefits of medium chain triglycerides oil (MCT). Hemp oil has been widely recognized for its many benefits on human health. It has grown in popularity amongst the medical community as a key supplement for maintaining homeostasis, the ability to regulate the chemical composition of the body's fluids, so as to maintain health and functioning, regardless of outside conditions. MCT oil is known to increase exercise performance, lean muscle mass, and aid in weight loss.

Harmony Drops sources CO2 extracted Hemp oil, free of harmful solvents and uses a gentle, low temperature, alcohol-free extraction process. This clean oil extraction process yields a high-quality extracted hemp oil retaining a broad spectrum of terpenes, cannabinoids, and other phyto-compounds.

Harmony Drops are non-GMO, gluten-free and can be used most commonly to assist with pain, stress, poor sleep, inflammation, and chronic pain due to the cannabinoids present. Researchers believe that hemp extract's ability to act on the endocannabinoid system and other brain signaling systems may provide benefits for those with neurological disorders. Though research in this area is still relatively new, several studies have shown that hemp extract may provide a safe, powerful natural treatment for many health issues. Many reports indicate promising results on the potential health benefits of hemp extract, so new therapeutic uses for this natural remedy are sure to be discovered.

Active Ingredients:

Full Spectrum Hemp Extract

Full-spectrum hemp extract contains all components of the hemp plant. After extraction, cannabinoids, terpenes, vitamins, minerals, fatty acids, phytonutrients, and additional plant materials remain in the oil. Also known as whole plant extract, full-spectrum hemp oil provides the complete benefit of the hemp plant. Researchers have found that the components of the hemp plant interact synergistically to create an effect greater than the component alone. This interaction improves the absorption and effect of CBD on the body. Since all the natural cannabinoids remain intact, full-spectrum hemp oil contains trace levels of THC. However, the amount is negligible (less than 0.3%) and will not get you high.

Vitamin C (as ascorbic acid)

Vitamin C is an essential vitamin, that has many roles in your body and has been linked to several impressive health benefits. It is an antioxidant that provides lots of important nutritional benefits—like boosting your immune system and preventing heart disease and eye problems. Vitamin C is collagen-

friendly, slowing down the natural aging process by reducing the onset of free radicals that lead to dry skin, fine lines, and wrinkles. Vitamin C is also used to combat thinking problems, physical and mental stress and fatigue.

Vitamin E (as d-alpha tocopherol)

Vitamin E is not a single vitamin, but rather a group of fat-soluble vitamins with antioxidant effects. Antioxidants fight free radicals, which are electrons that have broken off from an atom. Vitamin E oil's potential benefits derive from two key features: its antioxidant properties, which could fight inflammation and slow the effects of free radicals, and its moisturizing properties. Alpha-tocopherol has the highest measurable amount of biological activity in your body and has the highest concentrations in your blood, says the Office of Dietary Supplements. Since alpha-tocopherol is so prevalent in the human body it is the only one acknowledged to meet the Recommended Dietary Allowance or RDA of vitamin E.

MCT Oil

"MCTs" are medium-chain triglycerides, a form of saturated fatty acid that has numerous health benefits, ranging from improved cognitive function to better weight management. MCT oil has also been known to improve energy levels, digestion, balance hormone levels and improve your mood.

Natural Peppermint Oil

Peppermint oil is derived from the peppermint plant. A cross between water mint and spearmint, it aids with a variety of health conditions, including headaches, muscle pain, nerve pain, toothache, inflammation of the mouth and joint conditions.

Stevia Leaf Extract

Stevia is a natural sweetener made from a leaf related to popular garden flowers like asters and chrysanthemums. Stevia is about 100 to 300 times sweeter than table sugar but has no carbohydrates, calories, or artificial ingredients.

Vegetable Glycerin

Vegetable glycerin, also known as glycerol or glycerine, is a clear liquid typically made from soybean, coconut or palm oils. It is odorless and has a mild, sweet taste with a syrup-like consistency. Vegetable glycerin is particularly popular in the cosmetic industry but has several other uses as well. It may also provide health benefits, ranging from skin health to better hydration and a strengthened gut.

30 servings per bottle.

150 mg of full-spectrum hemp extract per serving

15 mg CBD per serving

Fast absorption with an easy-to-use-dropper.

**Hemp Extract is a naturally-occurring constituent of the industrial hemp plant. Total Life Changes, LLC, does not sell or distribute any products that violate the United States Controlled Substances Act (US.CSA). The company does sell and distribute hemp-based products.



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*These statements have not been evaluated by the FDA and are not intended to diagnose, treat, cure or prevent any disease. Total Life Changes, LLC, hemp oil extract products utilize a Full Spectrum Hemp Extract which may contain trace amounts of naturally occurring tetrahydrocannabinol (THC). We are below the Federal Legal Limit and have no more than 0.3% THC by dryweight. Most work-place drug screens and tests target delta9-tetrahydrocannabinol and do not detect the presence of Hemp Extract or other legal natural hemp-based constituents. Even though in most cases our Hemp Extract products are NOT detectable on a urine or saliva test, we recommend that you check with your employer or whomever it may concern. Before taking our products, consult with your healthcare practitioner, drug screening testing company or employer. Total Life Changes, LLC, assumes no responsibility for the improper use of and self-diagnosis and/or treatment using these products. Our products should not be confused with prescription medicine, and they should not be used as a substitute for medically supervised therapy. If you suspect you suffer from clinical deficiencies, consult a licensed, qualified healthcare professional. You must be at least 18 years old to visit our website and make product purchases.